# **Smart Band User Guide**



Instruction

# 1. Basic Layout





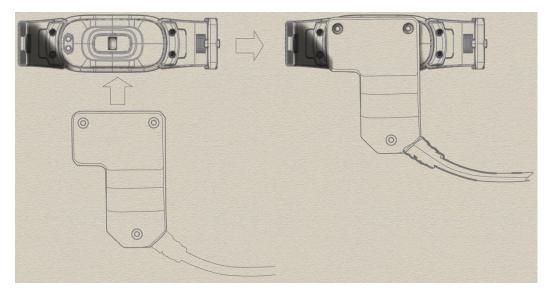
## 2. Charging the Device

Please charge the device before use the smart bracelet. Low battery will cause shutdown and you need to charge the band for automatic power-on.

Charger: Voltage 5V

Charge time: about 1.5-2 hours

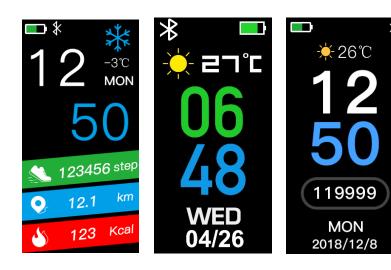
The device is charged by a charging clip, as shown in the figure below.



## 3. Function

## 3.1 Main interface

After the device has been connected via Bluetooth successful with your phone, the time will auto synchronize correctly with your phone.



## 3.2 Pedometer / Distance/ Calories



## 3.3 Heart Rate Monitor

Cycle through to the heart rate page then get start, and the heart rate icon will flicker, it will be better to wear the smart bracelet on your left hand, 1.5cm after styloid process of the ulna, and please make sure the heart rate sensor close to your skin. On App there will show your heart rate data every 30 minutes tested or others you sets by device automatically.



#### 3.4 Blood Pressure Monitor

Pressing the touch button turns to the blood pressure screen get start. And the icon will flicker (please stay still when test the blood pressure) if you need save the data of test result, please operate this function by APP. Manual start this function on the device the data will not save on the APP



## 3.4 **SpO2 Monitor**



## 3.5 Sleeping Monitor

Device will monitor sleeping data automatically, please check the sleeping detail data on APP dashboard.



When the bracelet is turned on, sleep is turned on by default. The sleep monitoring period was 22:00 p.m. to 08:00 a.m., the end of the bracelet displayed sleep data, and the sleep data generated that night, Connect to Bluetooth real-time to the phones APK (note: synchronization precondition: APK to bind the bracelet).

## 3.6 Sports

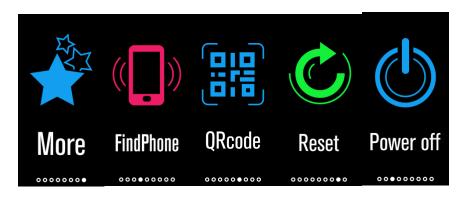


## 3.7 News



## 3.8 More

Long press touch button, can enter the second level to perform related functions.

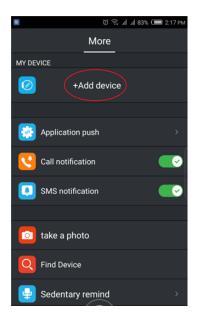


# 4. Bluetooth Pairing

- 1. Turn on the smart bracelet.
- 2. Turn on your smartphone's wi-fi capability, scan the qr code below to download the "FunDo" APP or search for "FunDo" downloads in Google Play or apple's APP Store.



- 3. Download "FunDo" APP and run it.
- 4. After the installation is completed, in the "more"/ "+ add device", select the corresponding Bluetooth name from the list (for example: QW18), and click it connect to the corresponding bracelet. The time, date, language (many language may not be supported) will automatically synchronize the mobile phone system



#### 4.1 Bluetooth Remove

- 1. Delete the Bluetooth on the APP
- 2. Turn off the APP on the smart phone
- 3. Remove the Bluetooth on the setting of the smart phone

#### 4.2 Bluetooth automatic reconnect

When the bracelet reaches the Bluetooth connection range, it will automatically reconnect the bracelet.

#### 5. How to use APP

After install FunDo APP, you may required to fill your personal information such as gender, weight etc. Then please connect smart bracelet via Bluetooth (Please reference to the Bluetooth Paring Steps)

After successful connection between the bracelet and the mobile APP, the movement data will be synchronized automatically.

FunDo APP can also be used separately from the bracelet. As an application of mobile phone, it can realize data collection of various sports modes. The mobile phone location service (such as GPS) can be opened in the movement, and the real-time display of motion trajectory can be realized.

#### 5.1 Sports:

Tap to check Steps Distance/Calorie data etc.



## 5.2 Steps, Sleep, Heart, BP, SpO2

These five modes need to connect the bracelet to complete the data collection and synchronize to the mobile APP in real time. Show below.



## 5.3 Analysis and Report

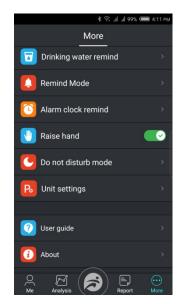




Sports data can be Shared with friends by clicking the icon at the top right corner.

## 5.4 "More"—settings





The following functions can only be realized under the premise that the mobile APP is successfully synchronized.

#### O Notifications Function

Include call notification, SMS notification, application message push such as QQ message push, "WeChat message" push and other functions.

#### O Take a photo

You can use the bracelet to control your phone to take a photo

- O Find Device: The bracelet will be vibrate and bright screen.
- O Sedentary and drinking water remind

Turn on this function, set the monitoring period, the bracelet can remind you to drink water or sport at regular intervals during the prescribed time.

#### **ORemind Mode**

It is three modes for you select:

Vibration, Bright screen, Bright screen + Vibration

#### O Alarm clock remind

#### O Raise hand

Turn on this function, when you lifting hand to tilt the bracelet inward, facing the wearer straight ahead, the bracelet automatically bright screen.

#### O Heart rate test

Open heart rate detection, set the detection time period, the bracelet can detect the heart rate within the specified time.

#### O Do not disturb mode

After you open the "do not disturb mode", except alarm clock, all notifications in the Settings are not reminded, and the bracelet will no longer have automatic bright screen vibration reminder.

#### O About

Check the APP version, and the user can check for new version updates also

# **Specification**

Chi p: BK3431Q Di spl ay: LCD TFT 0. 96

Battery: 90mAh Waterproof: IP67 Standby time: 7 days

Support system IOS 8.0 or above, Android 4.4 or above

Heart rate monitor: support Blood pressure: support Auto screen light: support

Bluet oot h: BLE 4.0

## Remark:

Why Bluetooth disconnected and incoming calls and messages do no remind:

- 1. Please keep APP and smart bracelet both turn on.
- 2. Please keep smart phone and smart bracelet within 8 meters.
- 3. There is some smart phone, will turn off APP automatically in order to save power. In this case, please set your phone on Mobile Manger or security center accordingly to allow APP turn on always.
- 4. Turn off the power saving mode.
- 5. When you have these problems, and not know how to set, please ask for services online.

Note: This device not for medical use, test data just for reference.